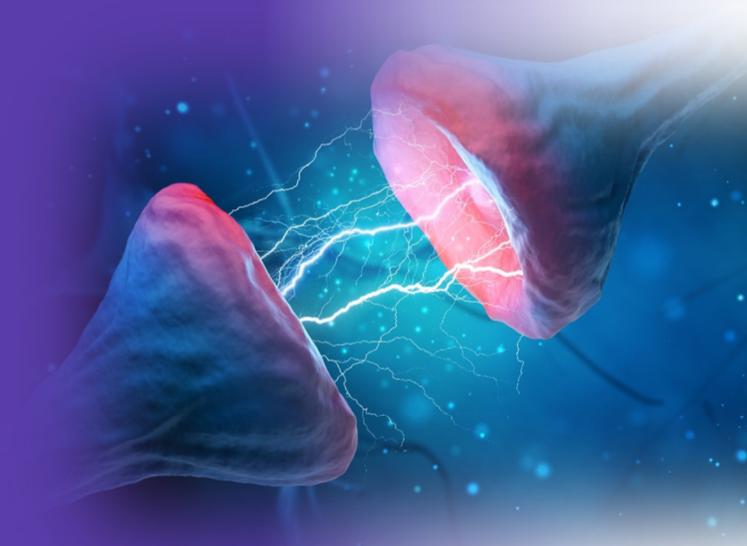


# Welcome to Herman Rus Medical Corporation dba Soft Reboot Wellness



Sara Herman, MD, is a board-certified anesthesiologist and Soft Reboot Wellness's founder. Dr. Herman studied at Harvard Medical School for anesthesia residency training followed by a fellowship in cardiothoracic anesthesia at Columbia University. Dr. Herman has an interest in altered states of consciousness, psychedelic medicine, and integrative health and wellness. She is currently studying as a fellow with The Academy of Integrative Health & Medicine. She is a member of the [American Society of Ketamine Physicians](#) and the [Psychedelic Medicine Association](#). Her practice is informed by scientific evidence, but balanced with your unique goals of care. She has [set an intention](#) to practice psychedelic medicine with ethics, integrity, and a commitment to her patients' holistic wellness.



## Why choose Soft Reboot Wellness?

We know you have other options for ketamine therapy. Some of them might be less expensive or more convenient for you, but none of them will be quite like the experience and quality of care you'll get with us. Embarking on this journey is an investment in your future and yourself. With Soft Reboot Wellness, you'll get:

- + **A Superior Standard of Safety:** Who could be a better travel buddy on your journey to holistic wellness than a Harvard-trained cardiac anesthesiologist and integrative medicine fellow? Some clinics may make it easier to get treatment, but our initial consultation and evaluation requirements along with Dr. Herman's close monitoring of each infusion protect our patients and ensure they get the treatment they need.
- + **The Most Effective Treatment for You:** Some clinics may use inferior forms or doses of ketamine. Soft Reboot uses IV ketamine, proven most effective and efficient because the dose can be most precisely controlled and individualized to each patient's needs. While some clinics use standardized or weight-based ketamine dosing, Dr. Herman determines the best dose for each individual patient's wellness goals and monitors their experience throughout the infusion.
- + **The Ultimate Ketamine Therapy Experience:** Dr. Herman is committed to treating the whole you and believes the journey is as important as the destination. Ketamine treatments have the potential to heal both the mind and body. Through inner exploration and the discovery of your own inner healer, you have the power expand and transform. To facilitate this process, Soft Reboot Wellness takes extra care to make the setting for each infusion as soothing and comfortable as possible. In a private room, you'll have access to music and breathing practices to tailor the experience to your intentions.
- + **Individualized Care:** We know ketamine therapy can seem daunting, that's why Soft Reboot Wellness supports patients throughout the process. Using the Osmind app, Dr. Herman stays in touch between appointments and monitors patients' progress and moods. You don't have to travel this road alone.

### Appointments

We make serious efforts to take you at your appointed time.

### Cancellation

If you cannot keep your appointment, 48-hours' notice is required.

### Confidentiality

In compliance with medical ethics and federal HIPAA law, all records of your care are kept confidential. We will provide limited information to your insurance company if requested, otherwise we will not release any medical information without your approval.

### COVID-19

SRW follows all federal, state and local COVID-19 regulations.

We hope this information has been helpful. We invite you to visit [www.softrebootwellness.com](http://www.softrebootwellness.com) for additional information. If you have any further questions or concerns, please feel free to ask any member of our staff.